






Quick Reference Guide To The Elements

	 General	 Parental Guidance	 14A	 18A	 Restricted	POSSIBLE INFO PIECES
Age Suitability	Suitable for All	Parental Guidance Advised	Persons younger than 14 must be accompanied by an Adult.	Persons younger than 18 must be accompanied by an adult	Restricted to persons 18 years of age or over	<ul style="list-style-type: none"> ▪ Not Recommended for Children ▪ Not Recommended for Young Children ▪ Mature Theme ▪ Language May Offend ▪ Coarse Language ▪ Language not evaluated ▪ Subtitled ▪ Crude Content ▪ Violence ▪ Brutal Violence ▪ Sexual Violence ▪ Nudity ▪ Sexual Content ▪ Explicit Sexual Content ▪ Gory Scenes ▪ Frightening Scenes ▪ Disturbing Content ▪ Substance Abuse
Language	Infrequent use of mild profanity such as damn, damn, hell .	Use of expletives, such as bastard, shit, f****k (X3), and/or limited slurs; mild sexual references.	Coarse language and/or slurs directed to specific segments of society; excessive use of expletives; sexual references. Infrequent strong, aggressive language.	Very intense and aggressive coarse language usually accompanied by violence directed towards the person(s). Frequent slurs/sexual references.	No restriction.	
Violence (see Note 3)	Restrained portrayals of limited violence which may result in extremely limited bloodletting.	Restrained portrayals of non-graphic violence, integral to the plot. The portrayals are not prolonged; there are no close-ups; bloodletting and/or tissue damage is limited.	Portrayals of graphic violence resulting in blood-letting and/or tissue damage which may or may not be fatal. Violence should be within the context of the film.	Frequent and/or prolonged portrayals of graphic violence resulting in bloodletting and/or tissue damage. Limited instances of brief, visually explicit portrayals of violence. Graphic torture/ brutality. Graphic sexual violence.	Visually explicit portrayals of violence which may be characterized by extreme brutality, extreme bloodletting and extreme tissue damage, torture, horror and sexual violence.	
Nudity	Non-sexual nudity with no close-ups.	Nudity in a non-sexual context, non-exploitative close-up.	Limited nudity in a brief sexual situation.	Limited instances of nudity in a sexual situation.	Nudity in a sexual situation.	
Sexual Activity	Limited embracing and kissing .	Embracing, kissing; mild sexual innuendo.	Fondling, implied sexual activity; sexual innuendo.	Limited instances of simulated sexual activity.	Simulated sexual activity; explicit sexual activity.	
Horror	Brief moments of mild horror in comedic, historic, or fantasy settings (i.e. dragons, giants, wicked witches.)	Exciting horror scenes and some grotesque images may be allowed in a fantasy or comedic context, but there will be no detailed and/or prolonged focus on gory images or suffering.	Occasional gory moments and some grotesque images, but these will not be detailed.	Gory or grotesque imagery may be more frequent or detailed, but will generally avoid prolonged focus.	Horrific themes, incidents and images will have a more prolonged or graphic focus and greater frequency.	
Psychological Impact (see Note 2)	Sensitive to scenes or situations related to a child's sense of security and well-being. Tobacco use. (May be used with any classification.)	Scenes and situations that may cause adverse psychological impact on children. May include frightening or emotionally upsetting situations involving threats, injury, illness, family problems, or death to young people, family member, and animals (particularly pets.) Bullying. Substance referencing. Crude Content.	Occasional upsetting scenes that will tend to be more frightening, intense, disturbing - particularly to younger viewers – More mature themes can be portrayed. Substance abuse.	Frequent upsetting, disturbing, or frightening scenes that may cause adverse psychological impact on some mature viewers. Detailed/ graphic portrayals of substance abuse.	Scenes and situations may cause extreme adverse psychological impact. May involve intense and compelling terror, acts of degradation, threats of violence, and continuous acts of violence; situations could be accompanied by coarse, abusive, and degrading dialogue. Explicit substance abuse.	

Note 1: From time to time, guidelines may be set aside at the Panel's discretion (where social, historic and documentary significance warrants). The reason is to be identified on the Summary Report.

Note 2: Psychological impact may be a state of mind, mood or feeling and/or other effects on the viewer, resulting from the treatment of scenes and situations within the film. Treatment may include intensity, degree, pace, atmosphere, tone, visual effects, and dialogue.

Note 3: Portrayals of violence may include armed combat, natural disasters, accidents, hand-to-hand combat, weapons violence, and violent sports. The degree, frequency, and intensity of the acts of violence will be factors in the classification decision.